



PARENTING GROUP-Albion Park Rail

BRINGING UP GREAT KIDS

Bringing Up Great Kids (BUGK) aims to help parents and carers of children aged 0-12 years develop confident, loving and positive relationships.

You Will Learn

- The magic of the human brain
- How to send helpful, loving and positive messages to ourselves and our children
- Practical information to support parenting
- Build positive relationships with your children
- Learn more on our website www.familyservices.org.au

When and Where

This free group runs over 6 sessions during School Term 3, 2022

- Wednesday's from 10am to 12 noon
- 10 August to 14 September, 2022
- Claire at SACC
Albion Park Rail Public School

Bookings Essential

To register

- Email Joanne.Cunningham@familyservices.org.au or
- Phone 0408 258 605 or 1800 372 000 Option 5

Do you have a State Debt?

We may be able to help you pay off your fines with a Work & Development Order