

THURSDAY

PARENT CHILD MOTHER GOOSE

This program promotes parent-child relationships through singing and story telling and affectionate physical touch.

- Bankstown Library Community Room - BLACK - 80 Rickard Rd
- 4/2/21 - 25/3/21
- 10:00am - 11:30am
- No childcare available
- Contact: Wafa or Amanda N - 1300 254 657

TUNING INTO KIDS

This program focuses on the emotional connection between parents and children, helping parents to recognise, understand and respond to children's emotions.

- Level 10, Civic Tower 66-72 Rickard Rd Bankstown
- 4/3/21 - 1/4/21
- 10:00am - 12:00pm
- No childcare available
- Contact: Alyssa K - 1300 254 657

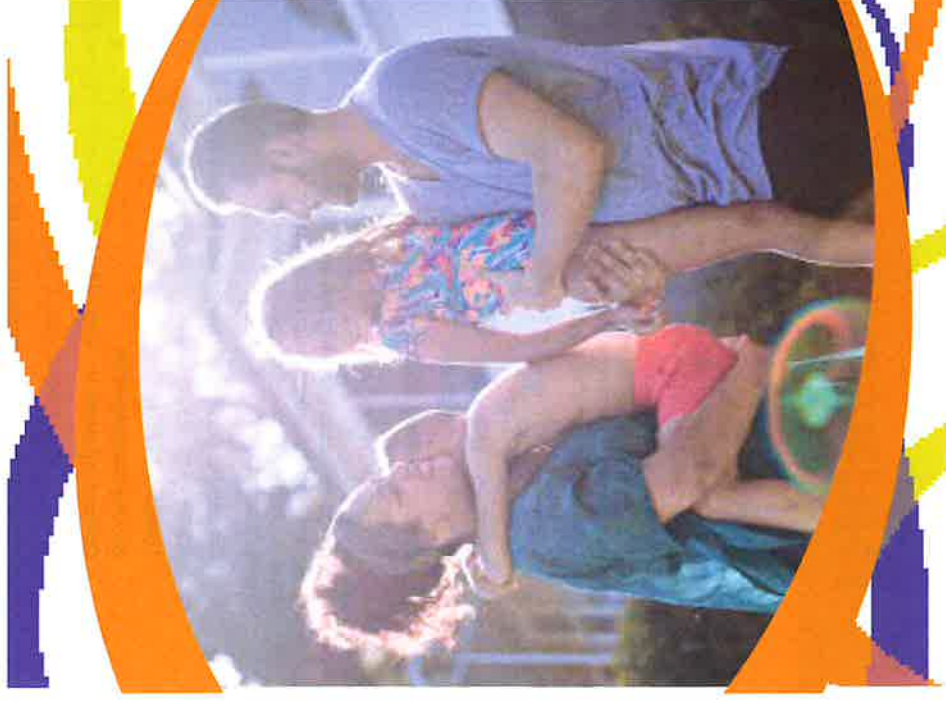
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FRIDAY

PARENT CHILD MOTHER GOOSE

This program promotes parent-child relationships through singing and story telling and affectionate physical touch.

- Yagoona Community Centre - 176 Cooper Rd
- 5/2/21 - 26/3/21
- 10:00am - 11:30am
- No childcare available
- Contact: Wafa or Amanda C - 1300 254 657



MONDAY

WEDNESDAY

THURSDAY

VIETNAMESE CHILD-PARENT SUPPORT CLUB

This support club is designed to assist Vietnamese parents with young children make new friendships, have fun with your children and learn new ways to support your child's development and learning.

- Creating Links - 58 Kitchener Pde Bankstown Level 2
- 8/2/21 - 15/3/21
- Session 1: 9:30am - 10:30am
- Session 2: 11 am - 12:00pm
- NO childcare available
- Contact: Lan 1300 254 657

TUESDAY

HOLISTIC WELLBEING FOR PARENTS

This program has been designed for parents to learn new techniques on how to effectively parent by looking after your own wellbeing

- Creating Links - 58 Kitchener Pde Bankstown Level 2
- Group 1: 2/2/21 - 16/2/21
- Group 2: 2/3/21 - 16/3/21
- 10:30am - 12:00pm
- No childcare available
- Contact: Angela - 1300 254 657 / 0422 633 087

KEEPING CHILDREN SAFE

The Keeping Children Safe group for Vietnamese parents aims to promote awareness on your children's growth free from physical, emotional and mental injuries.

- Creating Links - 58 Kitchener Pde Bankstown Level 2
- 23/2/21 - 9/3/21
- 10:00am - 12:00am
- No childcare available
- Contact: Kim - 1300 254 657

SETTING YOURSELF UP FOR SUCCESSFUL PARENTING

Throughout this program, parents will learn new hints and tips around setting yourself up in your daily practices as a parent

- Creating Links - 58 Kitchener Pde Bankstown Level 2
- 24/2/21 - 17/3/21
- 12:30pm - 2:00pm
- No childcare available
- Contact: Angela - 1300 254 657 / 0422 633 087

TRIPLE P LEVEL 4 (IN ENGLISH)

A positive parenting program designed to give you knowledge to help your children develop new skills that will equip them for life.

- Creating Links - 58 Kitchener Pde Bankstown Level 2
- 24/2/21 - 10/3/21
- 10:00am - 12:00pm
- No childcare available
- Contact: Kim 1300 254 657

BRINGING UP GREAT KIDS

BUCK is a program that explores and reflects on the evolution of parenting styles and aims to equip parents with strategies on how to interact with their children in the context of their brain development and the meaning behind their children's behaviour

- Creating Links - 58 Kitchener Pde Bankstown Level 2
- 3/3/21 - 24/3/21
- 5:30pm - 7:00pm
- No childcare available
- Contact: Amanda C - 1300 254 657

PARENT CHILD MOTHER GOOSE

This program promotes parent-child relationships through singing and story telling and affectionate physical touch.

- Georges Hall Community Centre - 188 Birdwood Rd
- 3/2/21 - 24/3/21
- 10:00am - 11:30am
- No childcare available
- Contact: Wafa or Hazel - 1300 254 657

CIRCLE OF SECURITY PARENTING

At times all parents feel lost or without a clue about what our child might need from us, Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

- Level 10, Civic Tower 66-72 Rickard Rd Bankstown
- 28/1/21 - 25/2/21
- 10:00am - 11:30am
- NO childcare available
- Contact: Julious 1300 254 657

HOW TO TALK - "KIDS SPEAK"

This program focuses on effective and positive language and communication strategies to strengthen parent-child relationships, communication and interaction

- Creating Links - 58 Kitchener Pde Bankstown L2
- 3/2/21 - 17/2/21
- 10:00am-11:30am
- No childcare available
- Contact: Amanda N - 1300 254 657

CHATTY CONNECTIONS

Chatty Connections is an engaging group for parents wanting to learn more about self-care, meeting new and like minded people as well as partaking in fun activities.

- Creating Links - 58 Kitchener Pde Bankstown L2
- 4/2/21 - 25/3/21
- 10:30am - 12:00pm
- No childcare available
- Contact: Jasmin - 1300 254 657