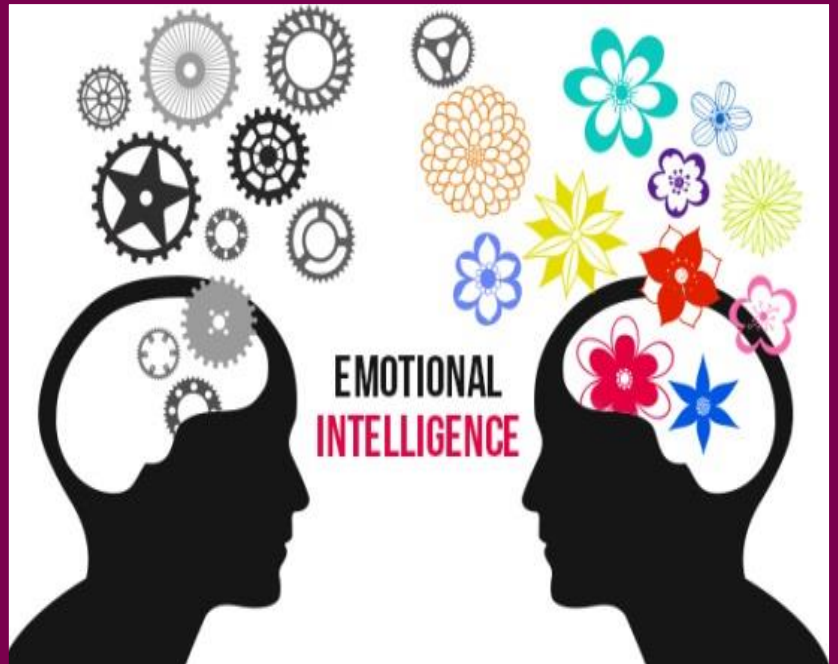


Learn How to Help Your Teen



Emotionally Intelligent Parenting

***Tuning in to Teens™* shows parents how to help teens develop emotional intelligence.**

It is a five-session program for parents of adolescents aged from 10 to 17 years.

Our **Free** sessions will help you learn how to:

- be better at talking with your teen
- be better at understanding your teen
- help your teen learn to manage his/her emotions
- help to prevent behaviour problems in your teen
- teach your teen to deal with conflict

Where:

Mad Hatter House
Hastings Street
Wauchope

When:

Fridays
25th Oct – 22nd Nov 2019

Time:

10:00am – 12:00pm

Get in Touch:

6581 6600

Morning tea provided

uniting.org

Uniting