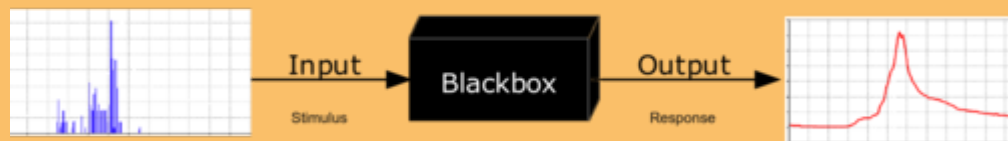


The Black Box Parenting Program



The Black Box Parenting Program is an innovative program specifically developed for the challenges parents and carers face after a disruption in family life due to loss, family breakdown or family violence.



1 x 30 min pre-group session
(Thurs 18th July 10.30)



5 x 2hr group sessions for parents and carers
(Thurs 26th July 8th, 22nd Aug, 5th and 19th Sept)
9.30-11.30



Individual catch up session in the off week
(TBA in pre-group session)

Session Topics:

- Predictability
- Relationships
- How the past affects the present
- Managing behaviour
- Looking after yourself



Location: Kurri Kurri (address provided on registration)

Registration is essential: to find out more or to register please:

E: hunteroutreachproject@newcastle.edu.au (include your name and contact number)

P: Jane 4985 4939 or Roger 4921 6795

www.newcastle.edu.au/research-and-innovation/centre/fac/about-us

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